Coronavirus outbreak: Imported food safe, says FSSAI

Food Safety and Standards Authority of India (FSSAI), on Thursday said that the food imported into India is safe from the novel coronavirus. FSSAI had constituted a committee of experts to examine the possibilities of the presence of coronavirus in imported food items.

"The committee in its report opined that as of now there is no conclusive evidence for the food borne transmission of the virus. Coronavirus predominately affects the respiratory system and is spread from human to human via droplets while sneezing, coughing, contaminated hands and surfaces. The committee agreed with the advisories of global organizations that the predominant routes of transmission of coronavirus appear to be human to human. The food regulator also clarified that cooked meat, including poultry, was safe to eat.

As a precautionary measure, the committee has advised to avoid consumption of raw or undercooked meat as well as unprocessed food products. Frozen food items must be consumed only after cooking them properly. Good hygienic practices must be followed before consuming raw fruits.