

The Westin Mumbai Garden City observes Global Wellness Day

The Westin Mumbai Garden City celebrated Global Wellness Day on June 8th, with a revitalising ‘Digital Detox’ for its patrons. Guests were invited to be a part of a worldwide well-being initiative, and take a break from digital dependency, they could also participate in the digital detox and stand a chance to win a fitness voucher through a lucky draw.

The hotel placed digital detox boxes at the reception, spa and the three dining outlets for guests to join in the global wellness movement by surrendering their phones, iPads, laptops or any other electronic devices.

One can spend this Global Wellness Day by gifting some “me time” at the ideal wellness destination within the city - The Westin Mumbai Garden City.